

## Health & Safety

This course will provide a thorough insight into health and safety, covering the essential facts to help you work more safely and contribute to the overall safety of all staff in your setting. At EduCare we ensure that all of our training courses are written and endorsed by experts. This course is accredited by RoSPA, a leading expert in the prevention of accidents and also meets the Institution of Occupational Safety and Health (IOSH) 'Working Safely' standards.



### Key features

- Level 2 course (as graded against the nationally accepted levels, equivalent to GCSE grades A\*-C).
- Six modules with a multiple choice questionnaire and a final proficiency test.
- Seven CPD hours with a personalised downloadable certificate.
- 70% pass mark.
- Optional narration for accessibility.
- Additional resources for further learning and printable module for future reference.
- Accredited by RoSPA

### Course objectives

This course provides a thorough understanding to both the employer and the employee on health and safety.

1. Understand how to manage and control hazards to protect people at work.
2. Learn about risk assessment and how it is carried out.
3. Identify common safety hazards.
4. Recognise what employees must do to comply.
5. Understand hazards around working at height, manual handling, computer work stations and noise.
6. Understand how health and safety issues should be organised.
7. How to prevent accidents from happening by ensuring health and safety.
8. Understand what can go wrong and how to deal with unplanned events.



### Target audience

This Health & Safety course, accredited by RoSPA, is suitable for both the employer and the employee.



## Module Content:

### 1. An Introduction to Working Safely

- The basic requirements of health and safety legislation.
- Responsibilities of both employers and employees.
- What a risk assessment is and how it is carried out.

### 2. Common Health and Safety Hazards Part 1

- Common safety hazards in the workplace.
- How to control common safety hazards.
- What employers must do to comply with COSHH.

### 3. Common Health and Safety Hazards Part 2

- Working at height and the Working at Height Regulations.
- Manual handling and the 8 steps to a good handling technique.
- Upper limb disorders (ULD).
- The dangers of working around high levels of noise.

### 4. Improving Safety Performance

- How health and safety issues should be organised and controlled.

### 5. Accidents and Emergencies

- Accidents and emergencies and how to prevent them.
- What can go wrong.
- Procedures needed to deal with unplanned events.

### 6. Protecting your Environment

- Essential ways to protect the environment.
- The types of pollution and pollution prevention.
- Emergency procedures.
- The powers of enforcement officers.

## Why choose us?

“ We have been using EduCare to develop the knowledge and skills of teams for over six years. Each month we send out around 110 Health & Safety programmes. A huge advantage of EduCare is the flexibility it offers. People can do them when and where they want; the night shift seems quite a popular time to study! ”

Liz Bennett – Accreditation & Assessment Senior Administrator, Mencap



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