

## Moving and Handling

This course is aimed at employees who undertake moving and handling inanimate objects as part of their daily activity. It can be used as part of an employee's induction programme, as a demonstration of employee theoretic competency and/or as refresher training.



### Key features

- Level 2 course (as graded against the nationally accepted levels, equivalent to GCSE grades A\*-C).
- One module with a multiple choice questionnaire.
- One and a half CPD credits\*.
- Personalised downloadable certificate.
- 70% pass mark.
- Optional narration of the module for accessibility.
- Additional resources for further learning and printable module for future reference.

\*1 CPD credit equals up to 1 hour of learning

### Course objectives

The aim of the course is to guide you through:

1. the legal position
2. appreciating the costs related to moving and handling injuries
3. the TILE assessment process
4. understanding and appreciating the principles of safe lifting techniques
5. identifying effective control measures that can be used to reduce the risk of injury
6. supporting your organisation to develop a positive health and safety culture, with the application of a sensible proportionate approach.



### Why choose us?

“ We've made EduCare for Education a mandatory part of staff training. It enables us to meet some of our statutory obligations with regards to safeguarding children, health and safety, food hygiene and first aid. ”

Philip Moere  
Principal, Abbey College

