

# Randstad inclusion and wellbeing calendar 2021.



# introduction.

At Randstad we are committed to creating a forward thinking culture where everybody feels valued and they belong as a person, not just an employee.

We recognise that raising awareness and engaging our people is key, as everyone at Randstad has a role in creating a more inclusive culture.

For our key monthly celebrations we will have a host of activities from articles, info sessions, toolkits and activities to celebrate and learn more about all things I&W.

We have introduced celebration e-cards for the main religious celebrations to help our people achieve a greater appreciation of the different religions and to help you celebrate your colleagues. These are all now available on 'Your Hub in the Reward and Recognition section.

We are pleased to share with colleagues Randstad's 2021 Inclusion and Wellbeing calendar. This provides key information on notable diversity, inclusion and wellbeing dates, with the aim of:

- providing important daily information on dates, holidays and festivals, for managers and colleagues
- encouraging self learning and personal development
- encouraging engagement and a sense of belonging for all our people
- promoting awareness of diversity throughout Randstad where people feel recognised, valued and they can bring their wholeself to work



# january

## Blue Monday

The third Monday in January is often referred to as 'Blue Monday' after a travel company claimed it was statistically the 'most depressing day of the year', using a formula which has since been debunked as 'pseudoscience' by many experts

## World Religion Day

World Religion Day aims to promote understanding and peace between all religions, encouraging people to learn about other faiths and their followers.

[Click here to learn more](#)

mon	tue	wed	thu	fri	sat	sun
				01 Global Family Day	02	03
04 World Braille Day	05	06	07	08	09	10
11	12	13	14	15	16	17 World Religion Day
18	19	20	21	22	23	24
25	26 World Leprosy Day	27 International Holocaust Remembrance Day	28	29	30	31



# february

## RUK's own inclusion awareness month

Randstad's Inclusion month is a key celebration in our calendar. Our aim is to make all colleagues feel included, and provides us with an opportunity to celebrate the work we're doing, as well as educating colleagues and starting conversations around the value of inclusion.

## LGBT history month

LGBT History Month is a month-long, annual, celebration and remembrance of lesbian, gay, bisexual and transgender history. It looks at the history of gay rights, which is also related to the civil rights movements. The main and overall aims of the month are to promote two things: equality and diversity.

[Click here to learn more](#)

mon	tue	wed	thu	fri	sat	sun
01 World Interfaith Harmony week (7th - 8th)	02	03	04 World Cancer Day	05	06 International Day of Zero Tolerance Female Genital Mutilation	07
08 National Apprenticeship Week (UK (8th - 14th)	09	10 International Epilepsy Day	11 International day of Women and Girls in Science	12 Chinese New Year	13	14 Valentine's Day
15	16	17	18	19	20 World Day of Social Justice	21 World Mother Language Day
22	23	24	25	26	27	28
29 Rare Disease Day						



# march

## International Women's Day

International Women's Day (March 8) is a global day celebrating the social, economic, cultural and political achievements of women. March is also known as women's history month and is a chance to celebrate, explore and learn from female history.

[Click here to learn more](#)

## International Day for the Elimination of Racial Discrimination

The International Day for the Elimination of Racial Discrimination is observed annually on 21 March. On that day, in 1960, police opened fire and killed 69 people at a peaceful demonstration in Sharpeville, South Africa, against the apartheid pass laws.

[Click here to learn more](#)

mon	tue	wed	thu	fri	sat	sun
01 Self Injury/ Harm Awareness Day Zero Discrimination Day	02	03 World Hearing Day	04	05	06	07
08 International Women's Day	09	10	11	12	13	14 Mother's Day (UK)
15	16	17	18 Down's Syndrome Awareness Week (18th - 24th March)	19	20 International day of Happiness	21 International Day for the Elimination of Racial Discrimination
22	23	24 World Tuberculosis Day	25 International Day of Remembrance of the victims of Slavery and the Transatlantic Slave Trade	26	27 Passover - Judaism 27th March - 4th April	28
29	30 World Bipolar Day	31 Transgender Day of Visibility (TDoV)	1st - 7th March: Eating Disorders Awareness Week (UK)			
			21st March: Down's Syndrome Awareness Week			
			24th March: International Day for the Right to the Truth concerning Gross Human Rights Violations and for the Dignity of Victims			
			25th March: International Day of Solidarity with Detained and Missing Staff Members			



# april

## Stress Awareness Month

Stress Awareness Month has been held every April, since 1992 to increase public awareness about both the causes and cures for our modern stress epidemic.

[Click here to learn more](#)

mon	tue	wed	thu	fri	sat	sun
			01	02 World Autism Awareness Day	03	04 Easter Sunday - Christianity
05	06 International Day of Sport for Development and Peace	07 World Health Day	08	09	10	11
12 Ramadan - Islam 12th April - 12th May	13	14 Vaisakhi - Sikhism	15	16	17 World Haemophilia Day	18
19	20 Chinese Language Day	21	22 International Girls in ICT Day	23 Spanish Language Day	24 World Immunization week - 30th April	25 World Malaria Day (WHO)
26	27	28 World Day for Safety and Health at work	29	30		



# may

## Global Accessibility Awareness Day

Global Accessibility Awareness Day takes place in order to get people worldwide talking, thinking and learning about digital access and inclusion. Every user deserves a first-rate digital experience on the web.

[Click here to learn more](#)

mon	tue	wed	thu	fri	sat	sun
					01	02 World Laughter Day
03 World Press Freedom	04	05 World Maternal Mental Health Day World Asthma Day World Midwives' Day	06	07	08	09
10	11	12 International Nurses Day	13	14	15 International Day of Families	16
17 International Day Against Homophobia, Biphobia, Interphobia & Transphobia (IDAHOBIT)	18	19	20	21 World Day for Cultural Diversity, Dialogue and Development	22 International Day for Biological Diversity	23
	27 Ascension of Baha'u'llah - Baha'i	26	27	28	29 International Day of UN Peacekeepers	30 World MS Day
31						



# june

## Pride Month

June is Pride month, it is a month dedicated to celebrating the LGBTQ+ communities all around the world. Pride is usually celebrated with lots of parades and marches.

[Click here to learn more](#)

mon	tue	wed	thu	fri	sat	sun
	01 Global Day of Parents	02	03	04 International Day of Innocent Children Victims of Aggression	05 World Environment Day	06
07	08	09	10	11	12	13 International Albinism Awareness Day
14 World Blood Donor Today	15 World Elder Abuse Awareness Day	16 International Day of Family Remittances	17	18 Autistic Pride Day	19 International day for the Elimination of Sexual Violence in Conflict.	20 Father's Day (UK) World Refugee Day
21 World Humanist Day	22	23 International Widows Day United Nations International Days in Support of Victims of Torture	24	25	26	27
28	29	30				

july

## Randstad's Families Month

Today's families are living under stressful circumstances and this causes strain on the entire household. Two working parents, single parents, families of mixed ethnic backgrounds, and same-sex parents, guardians, carers young and old, all face different challenges. Randstad's Family Month is meant to both celebrate the strength of families and offer ideas to support the challenges they face.

mon	tue	wed	thu	fri	sat	sun
			01	02	03	04
05	06	07	08	09	10	11 World Population Day
12	13	14 International Non-Binary Peoples Day	15 Youth Skills Day	16	17	18
19 Eid - Ul - Adha - Islam	20	21	22	23	24	25
26	27	28	29	30	31	

# august

## Social Mobility Month

Social Mobility Month aims to make a practical improvement in social mobility for young people.

## International Youth day

International Youth Day is an awareness day designated by the United Nations. The purpose of the day is to draw attention to a given set of cultural and legal issues surrounding youth. The first IYD was observed on 12 August, 2000.

[Click here to learn more](#)

mon	tue	wed	thu	fri	sat	sun
						01
02	03	04	05	06	07	08
9 International Day of the World's Indigenous Peoples	10	11	12 International Youth Day	13	14	15
16	17	18	19	20	21	22
23	24	25	26 x	27	28	29
30	31					



# september

## Inclusion Week

Inclusion Week is designed to celebrate everyday inclusion in all its forms! Sharing, promoting and inspiring your inclusion practices and culture: together, we will build and develop the inclusion momentum, everyday.

[Click here to learn more](#)

mon	tue	wed	thu	fri	sat	sun
		01	02	03	04	05
06	07	08	09 Jewish High Holy Days - Judaism - 9th - 29th Sept	10 World Suicide Prevention Day	11	12
13	14	15	16	17	18	19
20 Sukkot - Judaism - 20th - 27th	21 World Alzheimer's Day	22	23 Celebrate Bisexuality Day	24	25	26
27	28	29	30			



# october

## Black History Month

Black History Month is a month dedicated to commemorating African American people who have made a positive impact in American society. Many of these significant figures were a part of the civil rights movement in the 1950s and 1960s, when Black people strove for equal rights as citizens.

[Click here to learn more](#)

## Global Diversity Awareness Month

October is Global Diversity Awareness Month, a time to celebrate, embrace, and raise awareness around the importance of diversity. For many companies, it is an important reminder that diversity and inclusion need to be a priority and a focus on recruiting and retaining the best talent.

[Click here to learn more](#)

## World Mental Health day

World Mental Health Day is an international day for global mental health education, awareness and advocacy against social stigma. The World Health Organisation recognises World Mental Health Day on 10 October every year. This year's theme set by the World Federation for Mental Health is 'mental health for all'.

[Click here to learn more](#)

mon	tue	wed	thu	fri	sat	sun
				01 Older People's Day	02	03
04 National Work Life Week (7th - 11th)	05	06 National Grandparents Day World Cerebral Palsy Day	07 Navaratri - Hinduism - 7th - 15th	08 International Lesbian History	09	10 World Mental Health Day
11 National Coming Out Day	12	13	14	15 Wear Red to Work Day	16	17
18 Mawlid Al- Nabi Islam World Menopause Day	19 Mawlid-al Nabi 2	20 World Osteoporosis Day	21 International Pronouns Day	22 International Stammering Awareness Day	23	24
25	26 Intersex Awareness Day	27	28	29	30	31



# november

## Men's Health Month

This is a time to bring awareness to health issues that affect men disproportionately and focuses on getting men to become aware of problems they may have or could develop, and gain the courage to do something about it.

[Click here to learn more](#)

## International Men's Day

International Men's Day in the UK is on 19 November every year – it is celebrated around the world in at least 60 countries. The three core themes for International Men's Day in the UK are:

- Making a positive difference to the wellbeing and lives of men and boys
- Raising awareness and/or funds for charities supporting men and boys' wellbeing
- Promoting a positive conversation about men, manhood and masculinity

[Click here to learn more](#)

mon	tue	wed	thu	fri	sat	sun
01	02	03 International Stress Awareness Day	04 Diwali - Hindu Dharma/Sikhism/Jainism	05	06	07
08 Intersex Day of Remembrance	09	10	11	12	13	14 World Diabetes Day Inter Faith Week (14th - 21st)
15	16	17 World Prematurity Day	18	19 International Men's Day	20 Universal Children's Day Transgender Day of Remembrance (TDoR)	21
22	23	24	25 International Day for the Elimination of Violence Against Women	26	27	28 Hanukkah - Judaism - 28th - 6th Dec
29	30					

# december

## Randstad's Cultural Awareness Month

This month provides us with an opportunity to deepen our understanding of the values of cultural diversity and to advance the four goals of the UNESCO Convention on the Protection and Promotion of the Diversity of Cultural Expressions:

- Support sustainable systems of governance for culture
- Achieve a balanced flow of cultural goods and services and increase mobility of artists and cultural professionals
- Integrate culture in sustainable development frameworks
- Promote human rights and fundamental freedoms

## The International Day of Persons with Disabilities (IDPD)

is annually observed on 3 December to promote the full and equal participation of persons with disabilities and to take action for the inclusion of persons with disabilities in all aspects of society and development.

[Click here to learn more](#)

mon	tue	wed	thu	fri	sat	sun
		01 World AIDS Day	02 International Day for the Abolition of Slavery	03 International Day of Persons with Disabilities	04	05
06	07	08	09	10 Human Rights Day	11	12
13	14	15	16	17	18 International Migrants Day Arabic Language Day	19
20	21	22	23	24 Christmas Eve - Christianity	25 Christmas Day	26
27	28	29	30	31		



# Randstad

human forward.

