

health and well-being in the workplace

key insights from
professional
occupations.



well-being in life sciences key insights.

94 workers surveyed.



14%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

27%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months

What would help improve well-being?

Social areas 86%

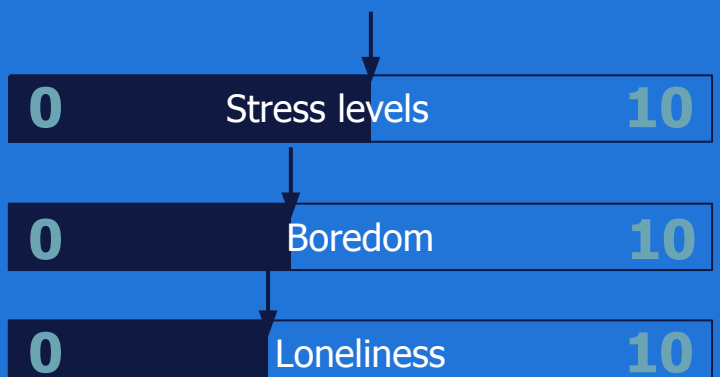
Free counselling 83%

Free food and drink 83%

Average levels of workplace....



Average levels of workplace....



well-being in tech key insights.

538 workers surveyed.



12%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

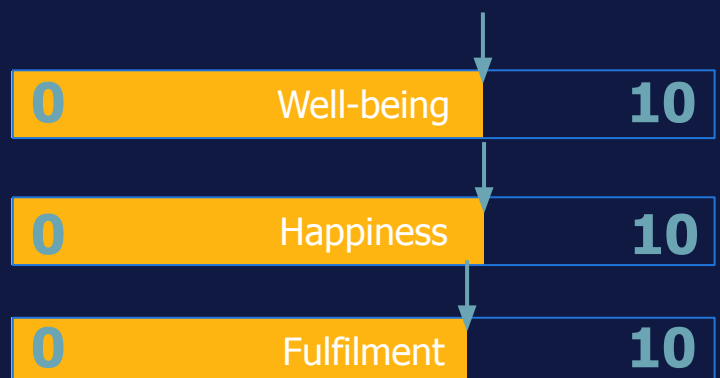
23%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months

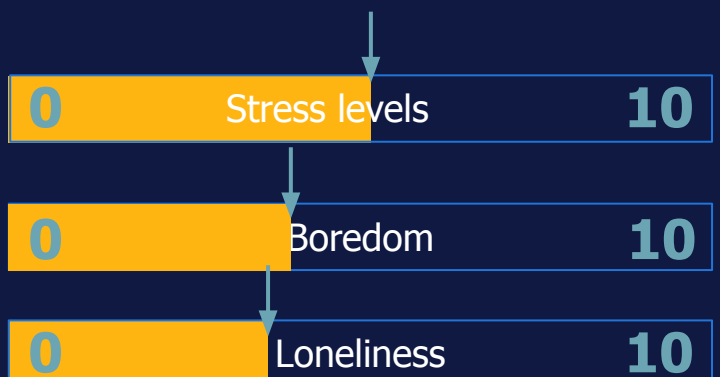
What would help improve well-being?

Free food and drink 80%
Social areas 74%
Private work stations 72%

Average levels of workplace....



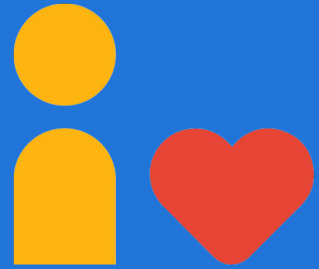
Average levels of workplace....



well-being in business services

key insights.

558 workers surveyed.



16%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

29%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months

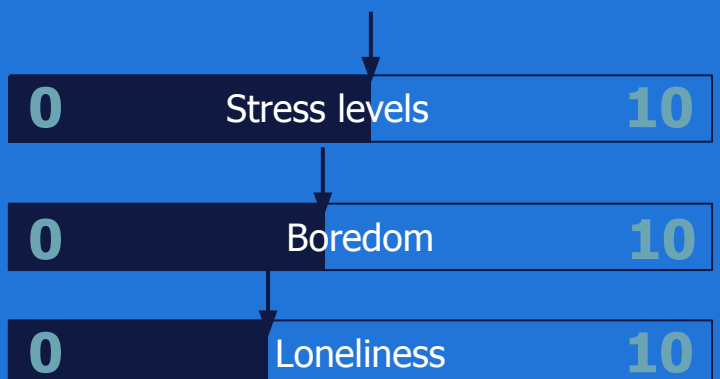
What would help improve well-being?

Free food and drink 78%
Social areas 78%
Training about mental health, resilience and stress management 76%

Average levels of workplace....



Average levels of workplace....



well-being in engineering key insights.

643 workers surveyed.



16%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

22%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months

What would help improve well-being?

Free food and drink 77%

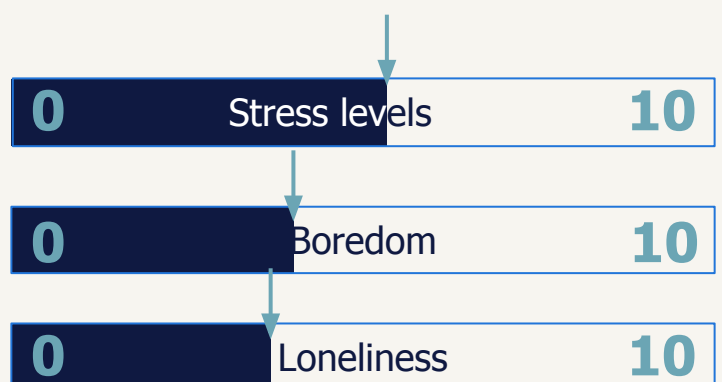
Training about mental health, resilience and stress management 73%

Social areas 72%

Average levels of workplace....



Average levels of workplace....



well-being in financial services

key insights.

471 workers surveyed.



17%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

21%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months

What would help improve well-being?

Free food and drink **83%**

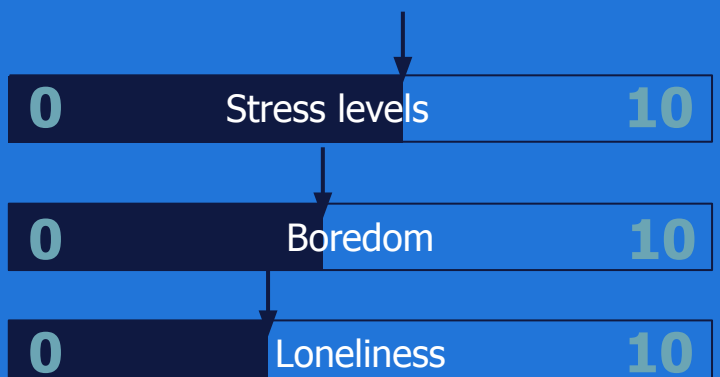
Social areas **80%**

Free counselling **77%**

Average levels of workplace....



Average levels of workplace....



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