

health and well-being in the public sector

key insights from
workers across the
care and education
industries.



well-being in education key insights.

1812 workers surveyed.

17%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

26%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months



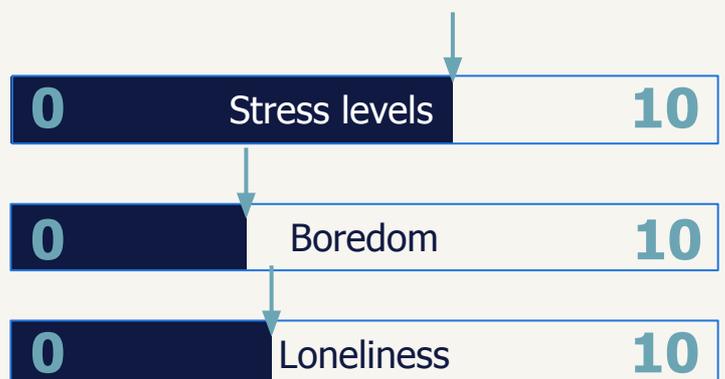
What would help improve well-being?

- Free food and drink 79%
- Free counselling 78%
- Training about mental health, resilience and stress management 77%

Average levels of workplace....



Average levels of workplace....



well-being in social care

key insights.



550 workers surveyed.

18%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

24%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months

What would help improve well-being?

Training about mental health, resilience and stress management **81%**

Free counselling **81%**

Free food and drink **76%**

Average levels of workplace....



Average levels of workplace....



well-being in health key insights.



1055 workers surveyed.

17%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

29%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months

What would help improve well-being?

Training about mental health, resilience and stress management 81%

Free food and drink 79%

Free counselling 76%

Average levels of workplace....



Average levels of workplace....



well-being in further education

key insights.

174 workers surveyed.



13%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

27%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months

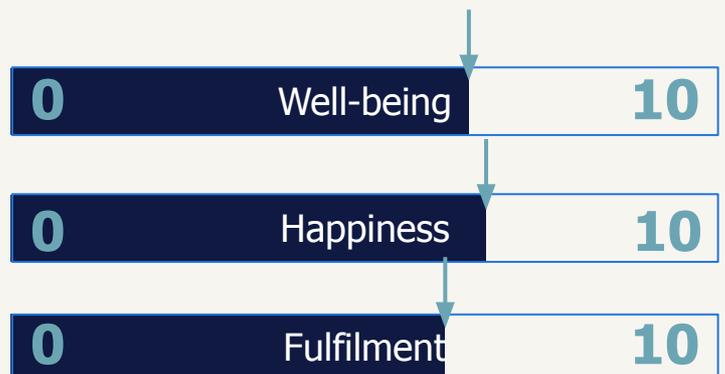
What would help improve well-being?

Training about mental health, resilience and stress management **72%**

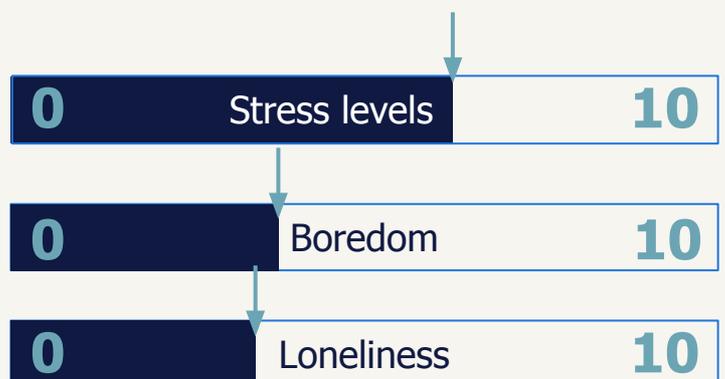
Free food and drink **72%**

Free counselling **70%**

Average levels of workplace....



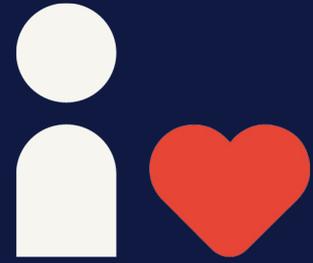
Average levels of workplace....



well-being in higher education

key insights.

342 workers surveyed.



22%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

23%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months

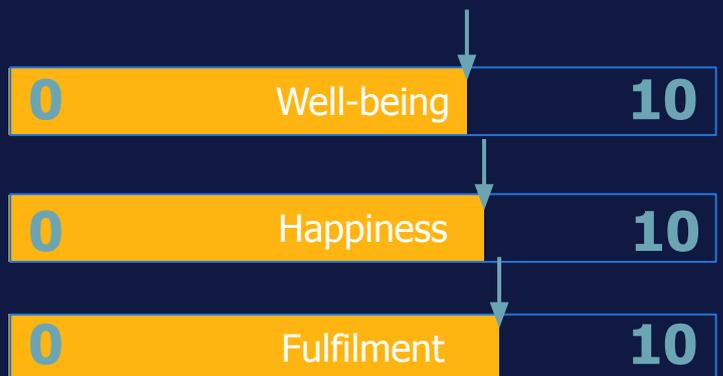
What would help improve well-being?

Free counselling 76%

Free food and drink 75%

Training about mental health, resilience and stress management 75%

Average levels of workplace....



Average levels of workplace....



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