

health and well-being in the public sector

key insights from
workers across the
care and education
industries.



well-being in education

key insights.

1812 workers surveyed.

17%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

26%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months



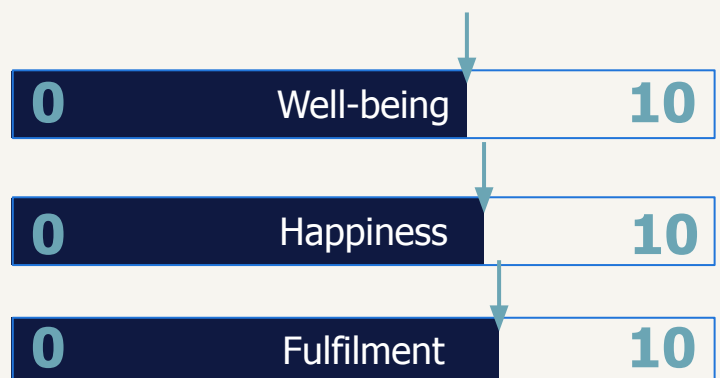
What would help improve well-being?

Free food and drink 79%

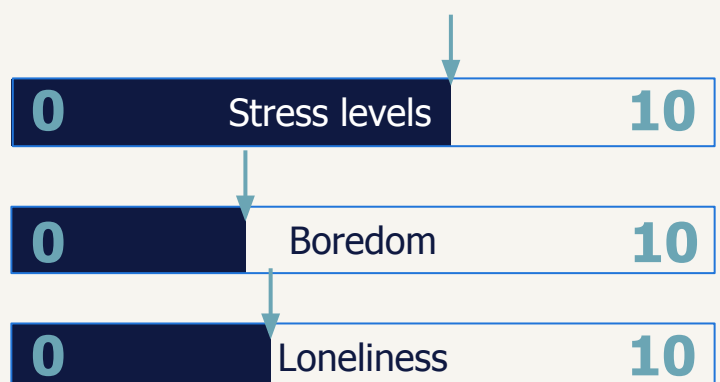
Free counselling 78%

Training about mental health, resilience and stress management 77%

Average levels of workplace....



Average levels of workplace....



well-being in social care

key insights.



550 workers surveyed.

18%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

24%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months

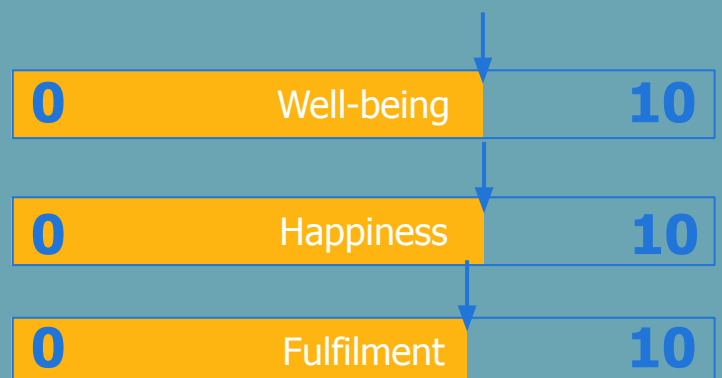
What would help improve well-being?

Training about mental health, resilience and stress management **81%**

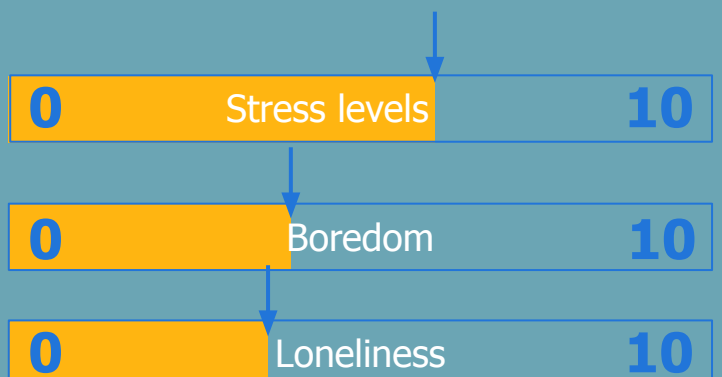
Free counselling **81%**

Free food and drink **76%**

Average levels of workplace....



Average levels of workplace....



well-being in health key insights.

1055 workers surveyed.



17%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

29%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months

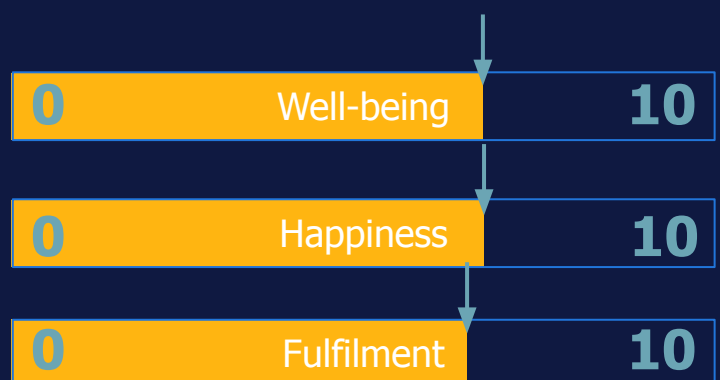
What would help improve well-being?

Training about mental health, resilience and stress management 81%

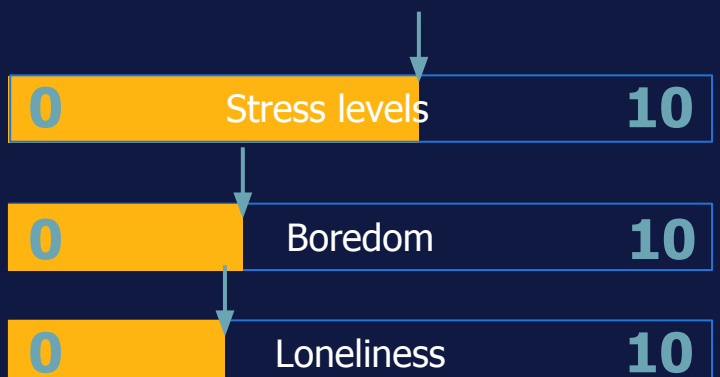
Free food and drink 79%

Free counselling 76%

Average levels of workplace....



Average levels of workplace....



well-being in further education

key insights.

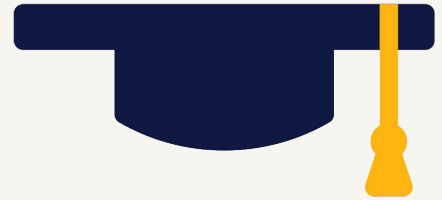
174 workers surveyed.

13%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

27%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months



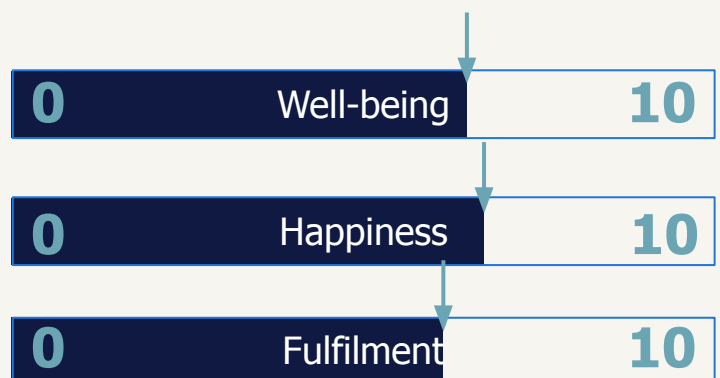
What would help improve well-being?

Training about mental health, resilience and stress management 72%

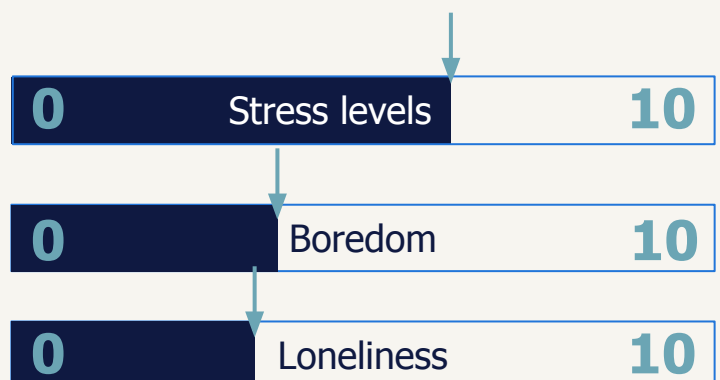
Free food and drink 72%

Free counselling 70%

Average levels of workplace....



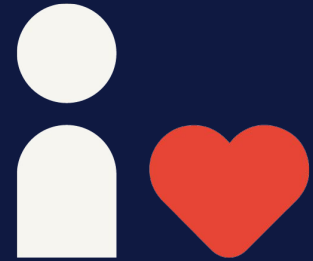
Average levels of workplace....



well-being in higher education

key insights.

342 workers surveyed.



22%

of respondents are planning on leaving the profession in the next 12 months due to stress and/or mental health related conditions

23%

of respondents have taken time off work due to unmanageable stress or mental health conditions in the last 12 months

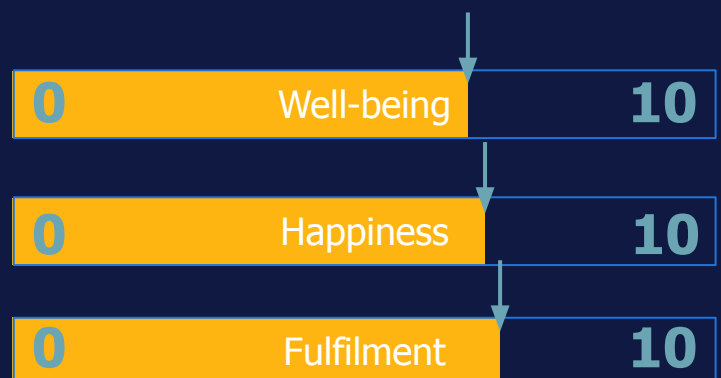
What would help improve well-being?

Free counselling 76%

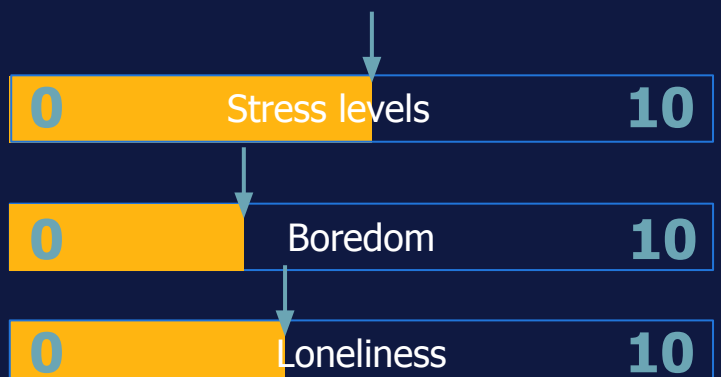
Free food and drink 75%

Training about mental health, resilience and stress management 75%

Average levels of workplace....



Average levels of workplace....



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